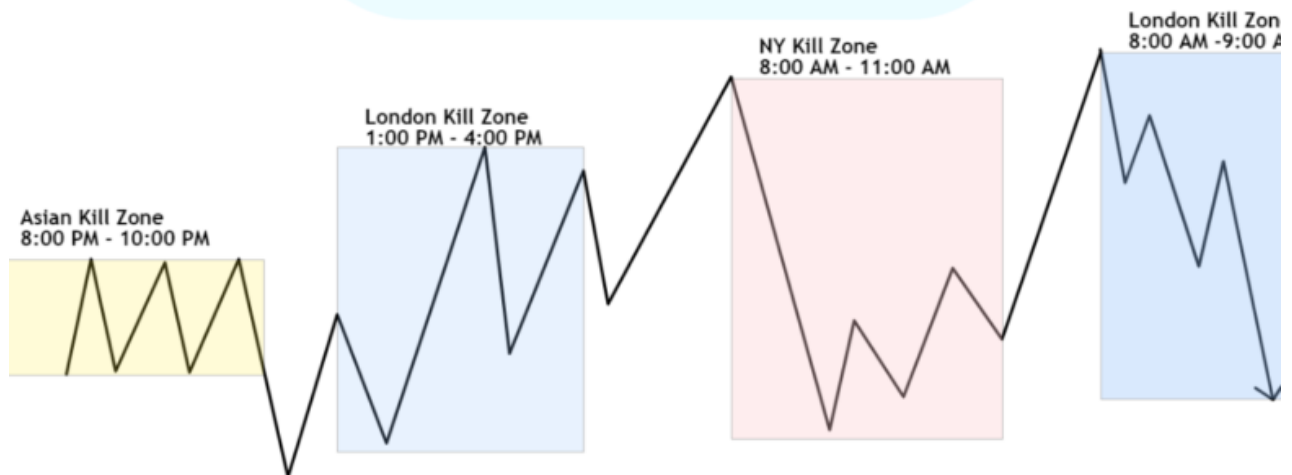


# ICT Kill Zones Time Asia London New York

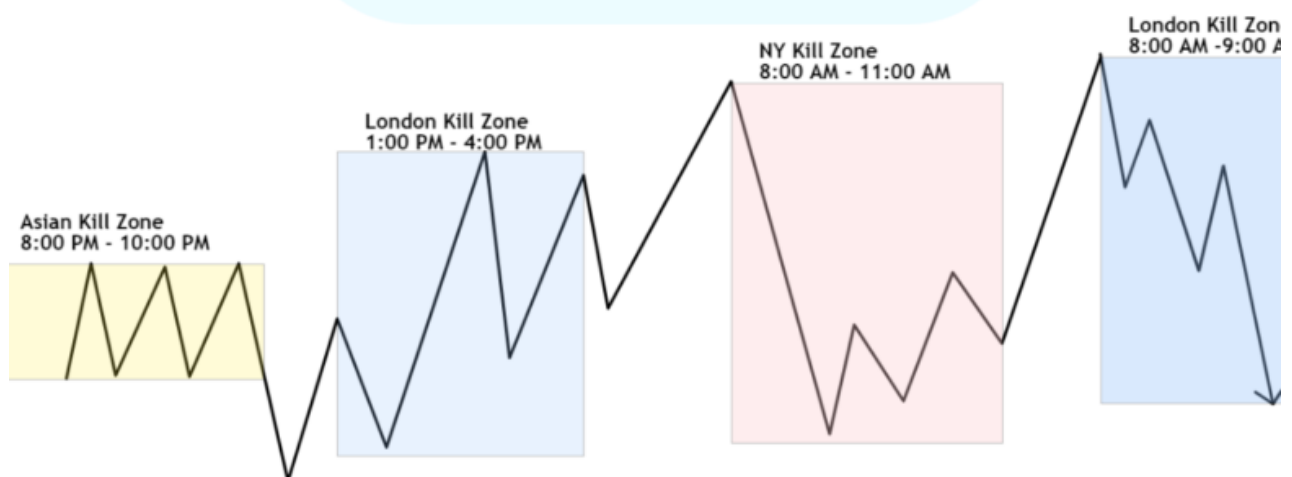
 [innercircletrading.website/ict-kill-zone-time/](https://innercircletrading.website/ict-kill-zone-time/)

March 23, 2025

## ICT Kill Zones



## ICT Kill Zones



In the fast-paced world of forex trading, timing is everything. While the forex market operates 24 hours a day, not all hours offer the same trading opportunities. That's where **ICT Kill Zones Times** come into play. **Forex kill zones** are the time when high probability trading setup formed

These strategic time frames can open up a world of possibilities for traders who know how to leverage them. In this blog post, we'll explore the concept of ICT Kill Zones ' times and how they can lead to high-probability trade setups and potential profits.



## The ICT Asian Kill Zone Times: The Dawn of Opportunities

The Asian Kill Zone is the first of the strategic periods in the forex market. It is particularly relevant for traders dealing with the Australian dollar, New Zealand dollar, and Japanese yen pairs, as these markets are most active during this time.

[Learn more about ICT Macro Strategy](#)

## Asia Kill Zone



What makes the Asian Kill Zone special is its volatility, driven by economic news releases that occur during this session. Traders who keep an eye on these news releases and their impact on the market can make the most of this period.

### Main Characteristics of Asian Kill Zone

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- During the Asian Kill Zone, traders can often find optimal trade entry patterns, offering potential gains of 15 to 20 pips for scalp trades.
- NZD, and JPY pairs are ideal for this time of the day.
- The Asian Open can sometimes set up an Optimal Trade Entry Pattern that can offer a 15 – 20 pip scalp.
- The Higher frame bias is helpful here – but short-term retracements in either Bull or Bear
- Markets can offer similar OTE Setups.

“USD is usually quiet, less manipulation with USD, so all the movement is going to be done with by using the crosses” “so if you look for a strong currency against a weak currency during this time of the day, and get an OTE pattern, you’ll get many times a wonderful opportunity to trade during a typical slow period of the 24 hour banking cycle”

Inner Circle Trader

## Asian Kill Zone Time

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ICT Asian Kill Zone Times lies in between 8:00 PM Eastern to 10:00 PM Eastern

## ICT London Kill Zone Time

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The ICT London Kill Zone takes center stage during the London trading session, witnessing the highest volume of order execution compared to other sessions. It is an opportune time for those trading the EUR and GBP pairs. Notably, the London Open often presents opportunities for traders to enter positions with the potential for gains ranging from 25 to 50 pips.

### London Kill Zone



## Main Characteristics of London Kill Zone

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One of the distinctive characteristics of the London Kill Zone is its tendency to create the low of the day in bullish markets and the high of the day in bearish markets.

## Time of ICT London Kill Zone

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London Kill Zone of ICT lies between 2:00 AM to 5:00 AM Eastern Time

Traders should monitor the key times between 2:00 AM to 5:00 AM New York time to capitalize on the price action during the London session.

## The New York Kill Zone Time: The Land of Opportunities

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For traders dealing with major pairs coupled with the dollar index, the New York Kill Zone is an essential timeframe to watch.

Similar to other Kill Zones, this period often sets up optimal trade entry patterns, providing potential gains of 20 to 30 pips for scalp trades.



### Time of New York Kill Zone

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The New York Kill Zone occurs between 8:00 AM to 11:00 AM Eastern Time. This time is favorable for major pairs and benefits from the overlap with the London session, making it a golden opportunity for traders.

**New York Kill Zone lies between 8:00 AM to 1:00 AM Eastern Time**

## The London Close Kill Zone: The Final Countdown

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The London Close Kill Zone is a specific time frame that can create continuation points for swings that extend well into New York afternoon hours. It's the last chance for traders to make their moves before the market closes for the day, making accurate predictions during this period potentially profitable.

**Between approximately 8:00 AM to 9:00 AM Eastern Time (adjusted for daylight savings),** traders can find optimal trade entry patterns, offering opportunities for 10 to 20 pips of profit on scalp trades. Monitoring the key times from 10:00 AM to Noon NY time can yield valuable insights during the London Close Kill Zone.

## ICT Kill Zones Times UTC&GMT

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The below table shows the ict kill zone time both in UTC (Eastern) and GMT time

ICT Kill Zones	Kill Zone Time (Eastern)	Equivalent GMT Time (24-Jun-2023)
ICT Asian Kill Zone	8:00 PM – 10:00 PM	12:00 AM – 2:00 AM
ICT London Kill Zone	1:00 PM – 4:00 PM	12:00 PM – 3:00 PM
ICT New York Kill Zone	8:00 AM – 11:00 AM	12:00 PM – 3:00 PM
ICT London Close Kill Zone	8:00 AM -9:00 AM	1:00 PM-2:00 PM

## ICT Kill Zones Time UTC& GMT

## ICT Kill Zone on During Daylight Saving Time (DST)

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Now, let's talk about Daylight Saving Time (DST), which starts on the second Sunday in March and ends on the first Sunday in November. During this period, Eastern Time is shifted one hour ahead to Eastern Daylight Time (EDT), which is UTC-4.

For example, let's consider April 10th, and the time is 11:30 AM in Eastern Time (ET) during Daylight Saving Time. To convert this to Coordinated Universal Time (UTC), you add 4 hours to the local time:

11:30 AM ET (UTC-4) + 4 hours = 3:30 PM UTC

During Daylight Saving Time, the clocks are adjusted forward by one hour, giving us an extra hour of daylight in the evenings. When Daylight Saving Time ends, we set the clocks back by one hour to return to Eastern Standard Time.

## ICT Kill Zone Setting on Trading View

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On the TradingView chart, you'll find the time zone option at the bottom right corner. To set the correct time zone, click on it, and choose "UTC-5" during regular days (Standard Time) and "UTC-4" during daylight saving time, which typically occurs from the second Sunday in March to the first Sunday in November.

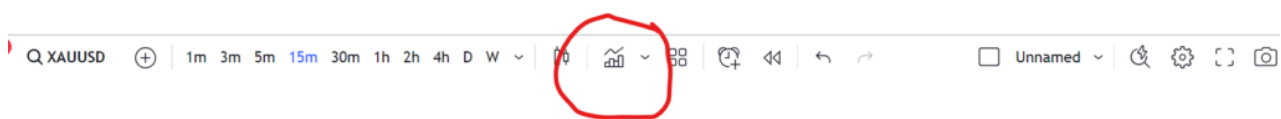
## ICT Kill Zones Indicator Trading view & MT4

A number of indicator are available on the trading view that automatically highlights the ICT kill zones on your chart.

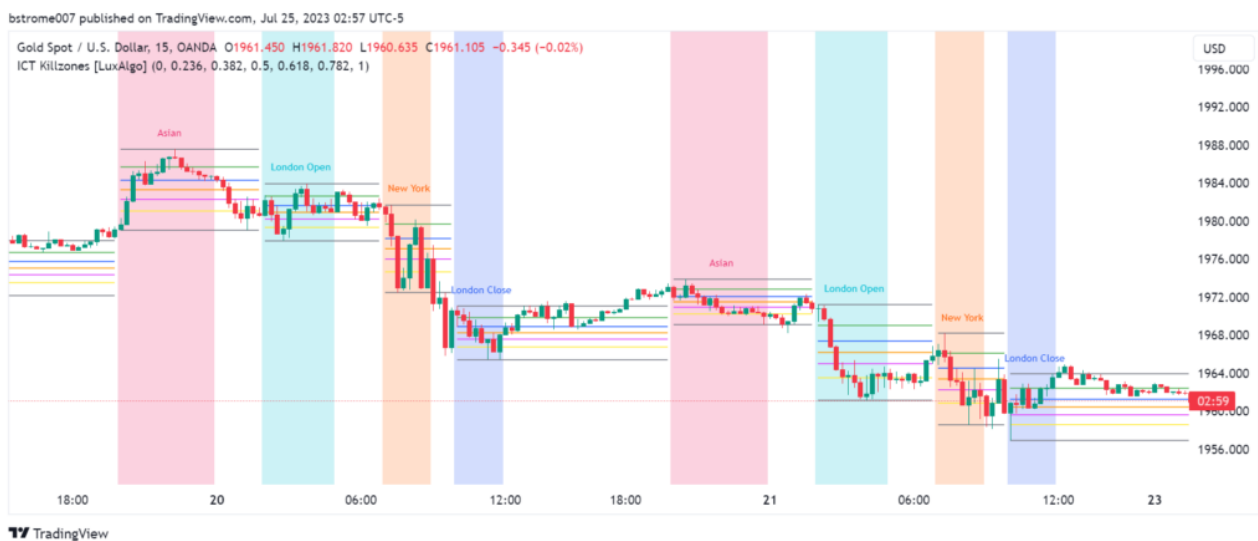
ICT Kill Zone LuxAlgo is one of the best indicators available on trading view.

To Add ICT Kill Zone indicator you adopt the following steps

### Step1:Click on the indicator icon on top of the trading view



### Step2 write LuxAlgo ICT Kill Zone



Understanding and effectively utilizing ICT Kill Zones can significantly enhance a trader's success in the forex market. Each Kill Zone represents a unique opportunity with its own set of potential gains.

### ICT FX Trading Course

You can combine the following ICT Concepts with ICT Kill Zone Time to make a framework for you.

### Premium and Discount

### ICT Power of 3

## Time difference between new york and london Session

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Standard Time Difference (5 hours):

Most of the year, New York is 5 hours behind the UK. So, if it is 12:00 noon in the UK, it is 7:00 AM in New York.

Spring Transition to DST:

New York moves to DST earlier than the UK. In 2024, this change happens on the night of March 9th to 10th. From March 10th to March 31st, New York will be only 4 hours behind the UK because it has moved to DST, but the UK has not yet made the change. The UK shifts to DST on the night of March 30th to 31st, after which the time difference returns to the normal 5 hours.

Autumn Transition from DST:

The UK reverts to standard time earlier than New York. In 2024, this change in the UK occurs on the night of October 26th to 27th. From October 27th to November 3rd, the time difference will be 4 hours, as the UK is no longer observing DST but New York still is. New York returns to standard time on the night of November 2nd to 3rd, bringing the time difference back to the usual 5 hours.

In summary, for most of the year, if it's noon in the UK, it will be 7:00 AM in New York. However, during the specific transition periods mentioned above, if it's noon in the UK, it will be 8:00 AM in New York. It's important for travelers to be aware of these changes, especially when planning activities that are time-sensitive.